



# ACTIVITIES CALENDAR - JANUARY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Calendar is flexible, and all activities subject to Change.</p> <p>Transportation runs M, W-F from 8 am to 4 pm</p> <p>Questions: Contact Life Enrichment Coordinator, Kari Santos  <a href="mailto:enrichlife@garnettplace.net">enrichlife@garnettplace.net</a> or 319-533-0441</p>	<p><b>New Year's Day</b></p> <p>09:30 Devotions            10:15 Live 2B Healthy            12:00 Rose Bowl Game            01:30 Dominoes            02:45 Yahtzee            06:00 Dingalings Practice</p>	<p><b>1</b></p> <p>09:00 Walgreen's (Senior Discount Day)            09:30 Devotions            10:00 Townhomes Resident Meeting            10:15 Bistro Baking            01:00 Wii Bowling            02:00 De-Christmas Party            06:00 Yahtzee</p>	<p><b>2</b></p> <p>08:30 Donuts and Coffee            09:15 Weekly News            09:30 Devotions            10:15 Live 2B Healthy            11:30 Ladies Luncheon            03:00 Pet Therapy: Oliver Visits</p>	<p><b>3</b></p> <p>09:15 This Day in History            09:30 Devotions            10:15 Card Club            01:00 Manicures            03:00 Birthday Party with Harold Gray            06:00 Dingalings Practice</p>	<p><b>4</b></p> <p><b>National Bird Day</b></p> <p>08:30 Trip to Fareway            09:30 Devotions            10:15 Live 2B Healthy            01:30 Bird Watching            02:00 Bingo            02:30 Store Trip            03:00 Country Cabinet - Open for Business</p>	<p><b>5</b></p> <p><b>Epiphany</b></p> <p>09:30 Resident Led Devotions            10:00 Sewing at Elayne's            10:15 Indoor Walking Club            12:30 Coordinator Chat            01:15 BINGO            07:00 The Lawrence Welk Show</p>
<p>09:00 St Matthews            09:30 Resident Led Devotions            12:30 Manager on Duty's Choice            01:15 BINGO            03:15 New Covenant Worship</p>	<p><b>7</b></p> <p>09:30 Devotions            10:15 Live 2B Healthy            01:30 Cribbage            02:00 Meet Jordan            02:30 Scenic Drive            03:00 Yahtzee            06:00 Dingalings Practice</p>	<p><b>8</b></p> <p>09:00 Walgreens            09:30 Devotions            10:00 Impressionist Painting Class with Amanda from UI            10:15 Bistro Baking            10:15 Card Club            01:00 Wii Bowling            06:00 Yahtzee</p>	<p><b>9</b></p> <p>08:30 Donuts and Coffee            09:15 Weekly News            09:30 Devotions            10:15 Live 2B Healthy            02:00 Massage Therapist (Free)            02:00 Movie Series</p>	<p><b>10</b></p> <p>09:15 This Day in History            09:30 Devotions            10:15 Card Club            01:00 Manicures            03:00 Happy Hour with Shima Country Styles            06:00 Dingalings Practice</p>	<p><b>11</b></p> <p>08:30 Trip to Hyvee            09:30 Devotions            10:15 Live 2B Healthy            02:00 Bingo            02:30 Store Trip            03:00 Country Cabinet - Open for Business</p>	<p><b>12</b></p> <p>09:30 Resident Led Devotions            10:00 Sewing at Elayne's            10:15 Indoor Walking Club            12:30 Coordinator Chat            01:15 BINGO            07:00 The Lawrence Welk Show</p>
<p>09:00 St Matthews            09:30 Resident Led Devotions            12:30 Manager on Duty's Choice            01:15 BINGO            03:15 New Covenant Worship</p>	<p><b>14</b></p> <p>09:30 Devotions            10:15 Live 2B Healthy            01:30 Reading Together: Martin Luther King Jr.'s "I have a dream speech"            02:30 Scenic Drive            03:00 Yahtzee            06:00 Dingalings Practice</p>	<p><b>15</b></p> <p>09:00 Walgreens            09:30 Devotions            10:15 Crafting Corner            01:00 Wii Bowling            02:00 Snack and Learn: Alzheimer's Association            06:00 Yahtzee</p>	<p><b>16</b></p> <p>08:30 Donuts and Coffee            09:15 Weekly News            09:30 Devotions            10:15 Live 2B Healthy            11:30 Men's Luncheon            02:30 Meet Caitlyn (Life Enrichment Intern)</p>	<p><b>17</b></p> <p><b>Snowman Day</b></p> <p>09:15 This Day in History            09:30 Devotions            10:15 Card Club            01:00 Manicures            03:00 Happy Hour playing Shake Loose a Memory            06:00 Dingalings Practice</p>	<p><b>18</b></p> <p><b>National Popcorn Day</b></p> <p>08:30 Trip to Hyvee            09:30 Devotions            10:15 Live 2B Healthy            02:00 Bingo            02:30 Store Trip            03:00 Country Cabinet - Open for Business</p>	<p><b>19</b></p> <p>09:30 Resident Led Devotions            10:00 Sewing at Elayne's            10:15 Indoor Walking Club            12:30 Coordinator Chat            01:15 BINGO            07:00 The Lawrence Welk Show</p>
<p>09:00 St Matthews            09:30 Resident Led Devotions            12:30 Manager on Duty's Choice            01:15 BINGO            03:15 New Covenant Worship</p>	<p><b>21</b></p> <p><b>Activity Professionals Week</b></p> <p>09:30 Devotions            10:15 Live 2B Healthy            01:30 Mexican Train Dominoes            02:30 Scenic Drive            03:00 Yahtzee            03:00 Resident Council Meeting            06:00 Dingalings Practice</p>	<p><b>22</b></p> <p>09:00 Walgreens            09:30 Devotions            10:15 Bistro Baking            01:00 Wii Bowling            01:00 Ding-a-Lings to Milestones            03:00 Resident Council Meeting            06:00 Yahtzee</p>	<p><b>23</b></p> <p>08:30 Donuts and Coffee            09:15 Weekly News            09:30 Devotions            10:15 Live 2B Healthy            02:00 Never Have I Ever            03:00 Resident Meeting - Everyone</p>	<p><b>24</b></p> <p>09:15 This Day in History            09:30 Devotions            10:15 Card Club            01:00 Manicures            03:00 Happy Hour with Tom Anderson            06:00 Dingalings Practice</p>	<p><b>25</b></p> <p>08:30 Trip to Hyvee            09:30 Devotions            10:15 Live 2B Healthy            02:00 Bingo            02:30 Store Trip            03:00 Country Cabinet - Open for Business</p>	<p><b>26</b></p> <p><b>Visit your local quilt shop day</b></p> <p>09:30 Resident Led Devotions            10:00 Sewing at Elayne's            10:15 Indoor Walking Club            12:30 Coordinator Chat            01:15 BINGO            07:00 The Lawrence Welk Show</p>
<p>09:00 St Matthews            09:30 Resident Led Devotions            12:30 Manager on Duty's Choice            01:15 BINGO            03:15 New Covenant Worship</p>	<p><b>28</b></p> <p><b>National Puzzle Day</b></p> <p>09:30 Devotions            10:15 Live 2B Healthy            01:30 Dominoes            02:30 Cedar Rapids Library            03:00 Yahtzee            06:00 Dingalings Practice</p>	<p><b>29</b></p> <p>09:00 Walgreens            09:30 Devotions            10:00 Outing: Riverside Casino            10:15 Volunteer Project: Scarves for Shelters            01:00 Wii Bowling            02:00 Men's Social Club            06:00 Yahtzee</p>	<p><b>30</b></p> <p>08:30 Donuts and Coffee            09:15 Weekly News            09:30 Devotions            10:15 Live 2B Healthy            02:00 Tea Time            02:30 Tea Talk</p>	<p><b>31</b></p> <p><b>HAPPY BIRTHDAY</b>  <b>HAPPY BIRTHDAY</b>  <b>HAPPY BIRTHDAY</b></p>	<p>Jan. 1 - Delores G.            Jan. 1 - Marie S.            Jan. 6 - Jeanette K.            Jan. 10 - Mary Lou B.            Jan. 10 - Richard C.            Jan. 10 - Margo't A.            Jan. 10 - Betty J.            Jan. 24 - Gloria L.</p>	<p>Store Trips            1/5 - Walmart            1/12 - Goodwill            1/19 - Target            1/26 - Dollar Tree</p>



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# January 2018 Memory Care Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Calendar is flexible, and all activities subject to Change.</p> <p>Transportation runs M, W-F from 8 am to 4 pm</p> <p>Questions: Contact Life Enrichment Coordinator, Kari Santos  <a href="mailto:enrichlife@garnettplace.net">enrichlife@garnettplace.net</a> or 319-533-0441</p>	<p>09:30 Devotions <b>1</b></p> <p>10:00 Exercise</p> <p>02:30 Scenic Drive</p> <p>03:00 Bring Object to Share</p> <p>06:00 Evening Social</p> <p>07:00 Busy Baskets</p>	<p>09:30 Music Therapy <b>2</b></p> <p>09:30 Devotions</p> <p>10:15 Mandalas (coloring)</p> <p>01:00 Bingo</p> <p>03:00 Mandalas (Coloring)</p> <p>06:00 Evening Social</p> <p>07:00 Listen to Music &amp; Snacks</p>	<p>09:30 Devotions <b>3</b></p> <p>10:00 Exercise</p> <p>11:30 Women's Luncheon</p> <p>01:00 Card Club</p> <p>03:00 Pet Therapy with Oliver</p> <p>05:30 Reading the Newspaper</p> <p>06:00 Evening Social</p>	<p>09:15 Mandalas <b>4</b></p> <p>09:30 Devotions</p> <p>10:00 Remember When</p> <p>01:00 Manicures</p> <p>03:00 Birthday Party with Harold Gray</p> <p>03:00 Life Boxes</p> <p>06:00 Evening Social</p>	<p>09:30 Music Therapy <b>5</b></p> <p>09:30 Devotions</p> <p>10:15 Indoor Walking Club</p> <p>03:00 Musical Visits</p> <p>06:00 Friday Night Movies &amp; Treats</p> <p>06:00 Evening Social</p>	<p>10:00 Fish Tank <b>6</b></p> <p>01:00 Reading Hour</p> <p>03:00 Bingo</p> <p>06:00 Games &amp; Snacks</p> <p>06:00 Evening Social</p> <p>07:00 The Lawrence Welk Show</p>
<p>09:00 St. Matthew's <b>7</b></p> <p>10:00 Jolene Brackey Sunday Church</p> <p>01:00 Sunday Movie with Popcorn</p> <p>03:00 Reminiscing</p> <p>03:15 New Covenant Worship</p> <p>06:00 Puzzle Night</p> <p>06:00 Evening Social</p>	<p>09:30 Devotions <b>8</b></p> <p>10:00 Exercise</p> <p>02:30 Scenic Drive</p> <p>03:00 Bring Object to Share</p> <p>06:00 Evening Social</p> <p>07:00 Busy Baskets</p>	<p>09:30 Devotions <b>9</b></p> <p>09:30 Music Therapy</p> <p>01:00 Bingo</p> <p>03:00 Mandalas (Coloring)</p> <p>06:00 Evening Social</p> <p>07:00 Listen to Music &amp; Snacks</p>	<p>09:30 Devotions <b>10</b></p> <p>10:00 Exercise</p> <p>01:00 Card Club</p> <p>01:30 Massages</p> <p>02:00 Movie &amp; Popcorn</p> <p>03:00 Reading the Newspaper</p> <p>06:00 Evening Social</p>	<p>09:30 Devotions <b>11</b></p> <p>10:00 Remember When</p> <p>01:00 Manicures</p> <p>03:00 Happy Hour with the Heartland Band</p> <p>03:00 Resident Boxes</p> <p>06:00 Evening Social</p>	<p>09:30 Music Therapy <b>12</b></p> <p>09:30 Devotions</p> <p>10:15 Indoor Walking Club</p> <p>02:00 Make a Snack Together</p> <p>03:00 Musical Visits</p> <p>06:00 Friday Night Movies &amp; Treats</p> <p>06:00 Evening Social</p>	<p>10:00 Fish Tank <b>13</b></p> <p>01:00 Reading Hour</p> <p>02:00 Dominoes</p> <p>06:00 Games &amp; Snacks</p> <p>06:00 Evening Social</p> <p>07:00 The Lawrence Welk Show</p>
<p>09:00 St. Matthew's <b>14</b></p> <p>10:00 Jolene Brackey Sunday Church</p> <p>01:00 Sunday Movie with Popcorn</p> <p>02:00 Cards</p> <p>03:00 Reminiscing</p> <p>03:15 New Covenant Worship</p> <p>06:00 Puzzle Night</p> <p>06:00 Evening Social</p>	<p>09:30 Devotions <b>15</b></p> <p>10:00 Exercise</p> <p>02:30 Scenic Drive</p> <p>03:00 Bring Object to Share</p> <p>06:00 Evening Social</p> <p>07:00 Busy Baskets</p>	<p>09:30 Music Therapy <b>16</b></p> <p>09:30 Devotions</p> <p>01:00 Bingo</p> <p>03:00 Mandalas (Coloring)</p> <p>06:00 Evening Social</p> <p>07:00 Listen to Music &amp; Snacks</p>	<p>09:30 Devotions <b>17</b></p> <p>10:00 Exercise</p> <p>11:30 Men's Luncheon</p> <p>01:00 Card Club</p> <p>03:00 Reading the Newspaper</p> <p>06:00 Evening Social</p>	<p>09:15 Mandalas <b>18</b></p> <p>09:30 Devotions</p> <p>10:00 Remember When</p> <p>01:00 Manicures</p> <p>03:00 Resident Boxes</p> <p>06:00 Evening Social</p>	<p>09:30 Music Therapy <b>19</b></p> <p>09:30 Devotions</p> <p>10:15 Indoor Walking Club</p> <p>03:00 Musical Visits</p> <p>06:00 Friday Night Movies &amp; Treats</p> <p>06:00 Evening Social</p>	<p>10:00 Fish Tank <b>20</b></p> <p>01:00 Reading Hour</p> <p>03:00 Bingo</p> <p>06:00 Games &amp; Snacks</p> <p>06:00 Evening Social</p> <p>07:00 The Lawrence Welk Show</p>
<p>09:00 St. Matthew's <b>21</b></p> <p>10:00 Jolene Brackey Sunday Church</p> <p>01:00 Sunday Movie with Popcorn</p> <p>03:00 Reminiscing</p> <p>03:15 New Covenant Worship</p> <p>06:00 Puzzle Night</p> <p>06:00 Evening Social</p>	<p>09:30 Devotions <b>22</b></p> <p>10:00 Exercise</p> <p>02:30 Scenic Drive</p> <p>03:00 Bring Object to Share</p> <p>06:00 Evening Social</p> <p>07:00 Busy Baskets</p>	<p>09:30 Devotions <b>23</b></p> <p>09:30 Music Therapy</p> <p>01:00 Bingo</p> <p>03:00 Resident Council Meeting</p> <p>03:00 Mandalas (Coloring)</p> <p>06:00 Evening Social</p> <p>07:00 Listen to Music &amp; Snacks</p>	<p>09:30 Devotions <b>24</b></p> <p>10:00 Exercise</p> <p>01:00 Card Club</p> <p>03:00 Resident Meeting</p> <p>03:00 Reading the Newspaper</p> <p>06:00 Evening Social</p>	<p>09:30 Devotions <b>25</b></p> <p>10:00 Remember When</p> <p>01:00 Manicures</p> <p>03:00 Resident Boxes</p> <p>03:00 Happy Hour with Tom Anderson</p> <p>06:00 Evening Social</p>	<p>09:30 Music Therapy <b>26</b></p> <p>09:30 Devotions</p> <p>10:15 Indoor Walking Club</p> <p>02:00 Make a Snack Together</p> <p>03:00 Musical Visits</p> <p>06:00 Friday Night Movies &amp; Treats</p> <p>06:00 Evening Social</p>	<p>10:00 Fish Tank <b>27</b></p> <p>01:00 Reading Hour</p> <p>02:00 Dominoes</p> <p>06:00 Games &amp; Snacks</p> <p>06:00 Evening Social</p> <p>07:00 The Lawrence Welk Show</p>
<p>09:00 St. Matthew's <b>28</b></p> <p>10:00 Jolene Brackey Sunday Church</p> <p>01:00 Sunday Movie with Popcorn</p> <p>02:00 Cards</p> <p>03:00 Reminiscing</p> <p>03:15 New Covenant Worship</p> <p>06:00 Puzzle Night</p> <p>06:00 Evening Social</p>	<p>09:30 Devotions <b>29</b></p> <p>10:00 Exercise</p> <p>02:30 Scenic Drive</p> <p>03:00 Bring Object to Share</p> <p>06:00 Evening Social</p> <p>07:00 Busy Baskets</p>	<p>09:30 Music Therapy <b>30</b></p> <p>09:30 Devotions</p> <p>01:00 Bingo</p> <p>03:00 Mandalas (Coloring)</p> <p>06:00 Evening Social</p> <p>07:00 Listen to Music &amp; Snacks</p>	<p>09:30 Devotions <b>31</b></p> <p>10:00 Exercise</p> <p>01:00 Card Club</p> <p>02:00 Staff's Choice</p> <p>03:00 Reading the Newspaper</p> <p>06:00 Evening Social</p>			<p>Jan. 1 - Delores G.</p> <p>Jan. 1 - Marie S.</p> <p>Jan. 6 - Jeanette K.</p> <p>Jan. 10 - Margo't A.</p> <p>Jan. 10 - Mary Lou B.</p> <p>Jan. 10 - Richard C.</p> <p>Jan. 10 - Beatrice J.</p> <p>Jan. 24 - Gloria L.</p>



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