



# ACTIVITIES CALENDAR - NOVEMBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Happy Birthday:</b> 11/1 - Ruth S. 11/3 - Neil T. 11/7 - Carol S. 11/10 - Nick L. 11/11 - Wilma L.	<b>Happy Birthday:</b> 11/13 - Diane A. 11/23 - Frances B. 11/26 - Celeste J. 11/26 - Cathy W.	<b>Store Trips:</b> 11/2 - Walmart 11/9 - Dollar Tree 11/16 - Target 11/21 - Barnes & Noble 11/30 - Goodwill	09:15 This Day in History 09:30 Devotions 10:15 Card Club 01:00 Manicures 03:00 Birthday Party with Harold Gray 06:00 Dingalings Practice	08:30 Trip to Fareway 09:30 Devotions 10:15 Live 2B Healthy 12:00 Intermediate Music Therapy Group 01:30 Veterans Day Photo 02:00 Bingo 02:30 Store Trip 03:00 Country Cabinet - Open for Business	10:00 Quilting with Elayne 12:30 Clock Resetting Party 01:15 BINGO 02:00 Country Cabinet Open for Business 02:15 Halloween Decoration Clean Up 04:00 Devotions 07:00 The Lawrence Welk Show
<b>Daylight Savings</b> 09:00 St Matthews 12:30 Meditative Coloring 01:15 BINGO 02:00 Country Cabinet Open for Business 02:15 Chair Yoga/Stretches 03:15 New Covenant Worship	09:30 Devotions 10:15 Live 2B Healthy 01:30 Men's Club 02:30 Scenic Drive 03:00 Spelling Bee 06:00 Dingalings Practice	<b>Election Day</b> 08:30 Bus #1 to the Polls 09:30 Devotions 09:30 Outing: YMCA 10:00 Townhomes Resident Meeting 10:15 Crafting Corner 01:00 Wii Bowling 01:00 Bus #2 to the Polls 03:00 Board Games	09:30 Devotions 09:30 Donuts and Coffee 10:15 Live 2B Healthy 11:30 Ladies Luncheon 01:30 Snack and Learn with Kindred at Home 03:00 Pet Therapy: Oliver Visits 03:15 Competitive Uno Club	09:15 This Day in History 09:30 Devotions 10:15 Card Club 01:00 Manicures 03:00 Happy Hour with Shima Country Styles 06:00 Dingalings Practice	08:30 Trip to Hyvee 09:30 Devotions 10:15 Live 2B Healthy 12:00 Intermediate Music Therapy Group 02:00 Veterans Day Musical Show with Dave Poggenklass 02:30 Store Trip	<b>National Vanilla Cupcake Day</b> 10:00 Quilting with Elayne 12:30 Card Games 01:15 BINGO 02:00 Country Cabinet Open for Business 02:15 Decorate a Turkey Cupcake 04:00 Devotions 07:00 The Lawrence Welk Show
<b>Veterans Day</b> 09:00 St Matthews 12:30 Chair Yoga/Stretches 01:15 BINGO 02:00 Country Cabinet Open for Business 02:15 Veterans Day Remembrance 03:15 New Covenant Worship	09:30 Devotions 10:15 Live 2B Healthy 01:30 Men's Club 02:30 Scenic Drive 03:00 Jeopardy 06:00 Dingalings Practice	09:30 Devotions 09:30 Outing: YMCA 10:15 Bistro Baking 10:15 Walgreens 01:00 Wii Bowling 01:15 DingALings out to Terrace Glen	08:30 Donuts and Coffee 09:15 Weekly News 09:30 Devotions 10:15 Live 2B Healthy 02:00 Turkey Derby/Race 03:15 Beginners Uno Club 03:15 Competitive Uno Club	09:15 This Day in History 09:30 Devotions 10:15 Card Club 01:00 Manicures 03:00 Happy Hour with Judy Melhert 06:00 Dingalings Practice	08:30 Trip to Hyvee 09:30 Devotions 10:15 Live 2B Healthy 12:00 Intermediate Music Therapy Group 02:00 Bingo 02:30 Store Trip 03:00 Country Cabinet - Open for Business	<b>Garnett Place Family and Friends Thanksgiving</b> 10:00 Quilting with Elayne 11:00 Thanksgiving Luncheon 12:30 Thanksgiving Luncheon 04:00 Devotions 07:00 The Lawrence Welk Show
09:00 St Matthews 12:30 Travel the World Party 01:15 BINGO 02:00 Country Cabinet Open for Business 02:30 Sunday Sundaes 03:15 New Covenant Worship	09:30 Devotions 10:15 Live 2B Healthy 01:15 DingALings out to West Ridge 01:30 Men's Club 03:00 Hot Cocoa Bar 06:00 Dingalings Practice	09:30 Devotions 09:30 Outing: YMCA 10:15 Crafting Corner 10:15 Walgreens 12:45 DingALings out to Windmill Manor 01:00 Wii Bowling 03:00 Turkey Toss	08:30 Donuts and Coffee 09:30 Devotions 10:15 Live 2B Healthy 11:30 Men's Luncheon 02:00 Movies and Massage 02:30 Store Outing 03:15 Beginners Uno Club 03:15 Competitive Uno Club	<b>Thanksgiving</b> 08:00 Macy's Thanksgiving Day Parade 09:30 Devotions 10:15 Card Club 02:00 Board Games 03:15 Uno Club 06:00 Dingalings Practice	08:30 Fareway 09:00 Donut Social 09:30 Devotions 10:00 Take down Fall Decor 02:00 Bingo 03:00 Country Cabinet - Open for Business	10:00 Quilting with Elayne 12:30 Brain Games 01:15 BINGO 02:00 Country Cabinet Open for Business 02:15 Chair Yoga/Stretches 04:00 Devotions 07:00 The Lawrence Welk Show
09:00 St Matthews 12:30 Scavenger Hunt 01:15 BINGO 02:00 Country Cabinet Open for Business 02:15 Beginners Uno 03:15 New Covenant Worship	09:30 Devotions 10:15 Live 2B Healthy 01:30 Men's Club 02:00 Decorate for Christmas 02:30 Outing: Cedar Rapids Public Library 03:00 Holiday Decorating break with treats 06:00 Dingalings Practice	09:30 Devotions 09:30 Outing: YMCA 10:00 Ulowa Art Program 10:15 Bistro Baking 10:15 Walgreens 01:00 Wii Bowling 01:15 DingALings out to Manor Care 03:00 Resident Council Meeting	08:30 Donuts and Coffee 09:15 Weekly News 09:30 Devotions 10:15 Live 2B Healthy 01:30 Cedar Rapids Writers Club 03:00 Resident Meeting - Everyone 03:15 Beginners Uno Club 03:15 Competitive Uno Club	09:15 This Day in History 09:30 Devotions 10:15 Card Club 01:00 Manicures 03:00 Happy Hour with Flip Side 06:00 Dingalings Practice	08:30 Trip to Hyvee 09:30 Devotions 10:15 Live 2B Healthy 12:00 Intermediate Music Therapy Group 02:00 Bingo 02:30 Store Trip 03:00 Country Cabinet - Open for Business	<p>Calendar is flexible, and all activities subject to Change.</p> <p>Transportation runs M, W-F from 8 am to 4 pm</p> <p>Questions: Contact Life Enrichment Coordinator, Kari Santos  <a href="mailto:enrichlife@garnettplace.net">enrichlife@garnettplace.net</a> or 319-533-0441</p>




Professionally managed by Senior Housing Management

202 35th Street Drive SE #123 Cedar Rapids, IA 52403 | 319-362-3630 | [www.garnettplace.net](http://www.garnettplace.net)



# November 2018 Memory Care Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Happy Birthday:</b> 11/1 - Ruth S. 11/3 - Neil T. 11/7 - Carol S. 11/10 - Nick L. 11/11 - Wilma L.	<b>Happy Birthday:</b> 11/13 - Diane A. 11/23 - Frances B. 11/26 - Celeste J. 11/26 - Cathy W.		07:30 Morning Reading Group 09:30 Beauty Spot 01:30 Relaxation for the mind 02:00 Exercise 03:00 Birthday Party with Harold Gray 03:00 Coloring 06:00 Reminiscing Social	07:30 Morning Reading Group 09:30 Music Therapy 10:15 Indoor Walking Club 01:30 Relaxation with Music 02:00 Kitchen Band 05:00 Friday Night Movies & Treats 06:00 Reminiscing Social	07:30 Morning Reading Group 09:00 Sing A Long 01:00 Relaxation and Reading 02:00 Resident Choice 03:15 Fun with Kelsie 06:00 Games & Snacks 06:00 Reminiscing Social 07:00 The Lawrence Welk Show
<b>Daylight Savings</b> 07:30 Morning Reading Group 08:00 Jolene Brackey Sunday Church 09:00 St. Matthew's 10:00 Exercise 02:00 Chat and Snack 03:15 New Covenant Worship 03:15 Fun with Kelsie 06:00 Reminiscing Social	07:30 Morning Reading Group 09:30 Manicures 10:00 Card Club 01:00 Relaxation and Meditation 02:00 Bingo 02:30 Scenic Drive 06:00 Snack and Chat 07:00 Busy Baskets	07:30 Morning Reading Group 09:30 Music Therapy 01:00 Sensory Relaxation 02:00 Card Club 03:00 Bowling 06:00 Snack and Chat 07:00 Listen to Music & Snacks	07:30 Morning Reading Group 10:00 Exercise 11:30 Women's Luncheon 01:30 Relaxation with Music 02:00 Baking 03:00 Pet Therapy with Oliver 03:00 Game Night 06:00 Snack and Chat	07:30 Morning Reading Group 09:30 Beauty Spot 01:30 Relaxation for the mind 02:00 Exercise 03:00 Coloring 03:00 Happy Hour with Shima Country Styles 06:00 Snack and Chat	07:30 Morning Reading Group 09:30 Music Therapy 10:15 Indoor Walking Club 01:30 Relaxation with Music 06:00 Friday Night Movies & Treats 06:00 Snack and Chat	07:30 Morning Reading Group 09:00 Sing A Long 01:00 Relaxation and Reading 03:00 Bingo 03:15 Fun with Kelsie 06:00 Games & Snacks 06:00 Snack and Chat 07:00 The Lawrence Welk Show
<b>Veterans Day</b> 07:30 Morning Reading Group 08:00 Jolene Brackey Sunday Church 09:00 St. Matthew's 02:00 Chat and Snack 03:15 New Covenant Worship 03:15 Fun with Kelsie 06:00 Snack and Chat 06:00 Movie Night	07:30 Morning Reading Group 09:30 Manicures 10:00 Card Club 01:00 Relaxation and Meditation 02:00 Bingo 02:30 Scenic Drive 06:00 Snack and Chat 07:00 Busy Baskets	07:30 Morning Reading Group 09:30 Music Therapy 01:00 Sensory Relaxation 03:00 Bowling 06:00 Snack and Chat 07:00 Listen to Music & Snacks	07:30 Morning Reading Group 10:00 Exercise 01:00 Card Club 01:30 Massages 01:30 Relaxation with Music 02:00 Movie & Popcorn 02:00 Baking 03:00 Game Night 06:00 Snack and Chat	07:30 Morning Reading Group 09:30 Beauty Spot 01:30 Relaxation for the mind 02:00 Exercise 03:00 Happy Hour with Judy Melhert 03:00 Coloring 06:00 Snack and Chat	07:30 Morning Reading Group 09:30 Music Therapy 10:15 Indoor Walking Club 01:30 Relaxation with Music 02:00 Kitchen Band 06:00 Friday Night Movies & Treats 06:00 Snack and Chat	<b>Garnett Place Family and Friends Thanksgiving</b> 07:30 Morning Reading Group 09:00 Sing A Long 01:00 Relaxation and Reading 02:00 Resident Choice 03:15 Fun with Kelsie 06:00 Games & Snacks 06:00 Snack and Chat
07:30 Morning Reading Group 08:00 Jolene Brackey Sunday Church 09:00 St. Matthew's 02:00 Chat and Snack 03:15 New Covenant Worship 03:15 Fun with Kelsie 06:00 Snack and Chat 06:00 Movie Night	07:30 Morning Reading Group 09:30 Manicures 10:00 Music Therapy 01:00 Relaxation and Meditation 02:00 Bingo 02:30 Scenic Drive 06:00 Snack and Chat 07:00 Busy Baskets	07:30 Morning Reading Group 09:30 Music Therapy 01:00 Sensory Relaxation 03:00 Bowling 06:00 Snack and Chat 07:00 Listen to Music & Snacks	07:30 Morning Reading Group 10:00 Exercise 11:30 Men's Luncheon 01:00 Card Club 01:30 Relaxation with Music 02:00 Baking 03:00 Game Night 06:00 Snack and Chat	<b>Thanksgiving</b> 07:30 Morning Reading Group 09:30 Beauty Spot 01:30 Relaxation for the mind 02:00 Exercise 03:00 Coloring 06:00 Snack and Chat	07:30 Morning Reading Group 09:30 Card Club 10:15 Indoor Walking Club 01:30 Relaxation with Music 06:00 Friday Night Movies & Treats 06:00 Snack and Chat	07:30 Morning Reading Group 09:00 Sing A Long 01:00 Relaxation and Reading 03:00 Bingo 03:15 Fun with Kelsie 06:00 Games & Snacks 06:00 Snack and Chat 07:00 The Lawrence Welk Show
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