



ACTIVITIES CALENDAR - DECEMBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>09:00 St Matthews 01:15 BINGO 02:00 Country Cabinet Open for Business 02:15 Armchair Yoga and Stretches 03:15 New Covenant Worship</p>	<p>30 New Year's Eve 09:15 God Winks / Spiritual Reading 09:30 Devotions 10:15 Bingo 01:30 Men's Club 02:30 Scenic Drive 03:00 New Year's Eve Party 06:00 Dingalings Practice</p>	<p>HAPPY BIRTHDAY HAPPY BIRTHDAY HAPPY BIRTHDAY</p>	<p>Happy Birthday: 12/3 - Cesaro C. 12/17 - Bruce M. 12/22 - Doris L.</p>	<p>Calendar is flexible, and all activities subject to Change. Transportation runs M, W-F from 8 am to 4 pm Questions: Contact Life Enrichment Coordinator, Kari Santos enrichlife@garnettplace.net or 319-533-0441</p>	<p>Store Trips: 12/7 - Walmart 12/14 - Dollar Tree 12/21 - Target 12/28 - Kohls</p>	<p>10:00 Quilting with Elayne 12:30 Card Club 01:15 BINGO 02:00 Country Cabinet Open for Business 02:15 Armchair Yoga and Stretches 04:00 Devotions 07:00 The Lawrence Welk Show</p>
<p>Hanukkah Begins 09:00 St Matthews 01:15 BINGO 02:00 Country Cabinet Open for Business 02:15 Armchair Yoga and Stretches 03:15 New Covenant Worship</p>	<p>09:15 God Winks / Spiritual Reading 09:30 Devotions 10:15 Live 2B Healthy 01:30 Men's Club 02:30 Scenic Drive 03:00 Armchair Traveler: Belize 06:00 Dingalings Practice</p>	<p>09:15 God Winks / Spiritual Reading 09:30 Devotions 09:30 Outing: YMCA 10:00 Townhomes Resident Meeting 10:00 Medicare Talk 10:00 Walgreens 11:45 DingALings Out to Cedar Rapids Country Club 02:00 Crafting Corner</p>	<p>08:15 DingALings out to Police Station 09:15 God Winks / Spiritual Reading 09:30 Devotions 10:15 Live 2B Healthy 11:30 Ladies Luncheon 01:00 Manicures 03:00 Pet Therapy: Oliver Visits 03:15 Competitive Uno Club</p>	<p>09:15 God Winks / Spiritual Reading 09:30 Devotions 10:15 Card Club 01:00 Wii Bowling 03:00 Birthday Party with Harold Gray 06:00 Dingalings Practice</p>	<p>08:30 Trip to Fareway 09:15 God Winks / Spiritual Reading 09:30 Devotions 10:15 Live 2B Healthy 12:00 Intermediate Music Therapy Group 02:00 Bingo 02:30 Store Trip 04:30 Tree Lighting Ceremony with the DingALings</p>	<p>10:00 Quilting with Elayne 12:30 Christmas cookie decorating 01:15 BINGO 02:00 Country Cabinet Open for Business 02:00 Cedar Sounds Chorus Performs 02:15 Armchair Yoga and Stretches 04:00 Devotions 07:00 The Lawrence Welk Show</p>
<p>09:00 St Matthews 12:30 Coffee and Chat with Kari 01:15 BINGO 02:00 Country Cabinet Open for Business 03:15 New Covenant Worship 04:35 Eventurous Cedar Rapids Caroling</p>	<p>09:15 God Winks / Spiritual Reading 09:30 Devotions 10:15 Live 2B Healthy 11:30 DingALings out to Marion Public Library 01:30 Men's Club 02:30 Holiday Sing-A-Long 06:00 Dingalings Practice</p>	<p>09:15 God Winks / Spiritual Reading 09:30 Devotions 09:30 Outing: YMCA 10:00 Walgreens 01:15 DingALings out to Lindale Mall 02:00 Decorate Gingerbread Houses</p>	<p>08:30 Donuts and Coffee 09:15 God Winks / Spiritual Reading 09:30 Devotions 10:15 Live 2B Healthy 01:00 Manicures 01:15 DingALings out to Willow Gardens 02:00 Massage Therapist (Free) 02:00 Movie Series 03:15 Competitive Uno Club</p>	<p>09:15 God Winks / Spiritual Reading 09:30 Devotions 10:15 Card Club 11:00 DingALings out to Lutheran Church 01:00 Wii Bowling 03:00 Happy Hour with the Heartland Band 06:00 Dingalings Practice</p>	<p>08:30 Trip to Hyvee 09:15 God Winks / Spiritual Reading 09:30 Devotions 10:15 Live 2B Healthy 12:00 Intermediate Music Therapy Group 01:00 Isaac Newton Second Graders Caroling 02:00 Bingo 02:30 Store Trip</p>	<p>Garnett's Holiday Party 10:00 Quilting with Elayne 12:30 BINGO 02:00 Cocoa and Carols 02:00 Barefoot Becky Performs 04:00 Devotions 07:00 The Lawrence Welk Show</p>
<p>09:00 St Matthews 12:30 Cards 01:15 BINGO 02:00 Country Cabinet Open for Business 02:15 Armchair Yoga and Stretches 03:15 New Covenant Worship</p>	<p>09:15 God Winks / Spiritual Reading 09:30 Devotions 10:15 Live 2B Healthy 01:15 DingALings out to Cedar Crest Senior Living 01:30 Men's Club 02:30 Holiday Sing-A-Long 06:00 Dingalings Practice</p>	<p>09:15 God Winks / Spiritual Reading 09:30 Devotions 09:30 Outing: YMCA 10:00 Walgreens 10:00 Ulowa Art Program 01:15 DingALings out to Emery Place 02:00 Eggnog Tasting 03:00 Resident Council Meeting</p>	<p>09:15 God Winks / Spiritual Reading 09:30 Devotions 10:15 Live 2B Healthy 11:30 Men's Luncheon 01:00 Manicures 03:00 Resident Meeting 03:15 Competitive Uno Club 04:30 Holiday Lights Drive</p>	<p>09:15 God Winks / Spiritual Reading 09:30 Devotions 10:15 Card Club 01:00 Wii Bowling 01:15 DingALings out to Evergreen Estates 03:00 Happy Hour with Judy Melhert 06:00 Dingalings Practice</p>	<p>Winter Solstice / Winter Begins 08:30 Trip to Hyvee 09:15 God Winks / Spiritual Reading 09:30 Devotions 10:15 Live 2B Healthy 12:00 Intermediate Music Therapy Group 02:00 Bingo 02:30 Store Trip</p>	<p>10:00 Quilting with Elayne 12:30 Travel Party 01:15 BINGO 02:00 Country Cabinet Open for Business 02:15 Armchair Yoga and Stretches 04:00 Devotions 07:00 The Lawrence Welk Show</p>
<p>09:00 St Matthews 12:30 Board games 01:15 BINGO 02:00 Country Cabinet Open for Business 02:15 Armchair Yoga and Stretches 03:15 New Covenant Worship</p>	<p>Christmas Eve 09:15 God Winks / Spiritual Reading 09:30 Devotions 10:15 White Elephant Party 01:30 Men's Club 02:30 Scenic Drive 06:00 Dingalings Practice</p>	<p>Merry Christmas 09:30 Devotions 10:00 Card Club 01:30 Board Games 02:30 Indoor Walking Club 03:30 Uno Club</p>	<p>Kwanzaa Begins 08:30 Donuts and Coffee 09:15 God Winks / Spiritual Reading 09:30 Devotions 10:15 Live 2B Healthy 01:00 Manicures 03:15 Competitive Uno Club</p>	<p>09:15 God Winks / Spiritual Reading 09:30 Devotions 10:15 Card Club 01:00 Wii Bowling 03:00 Happy Hour with Ken Lee 06:00 Dingalings Practice</p>	<p>08:30 Trip to Hyvee 09:15 God Winks / Spiritual Reading 09:30 Devotions 10:15 Live 2B Healthy 12:00 Intermediate Music Therapy Group 02:00 Bingo 02:30 Store Trip 03:00 Country Cabinet - Open for Business</p>	<p>10:00 Quilting with Elayne 12:30 Card Club 01:15 BINGO 02:00 Country Cabinet Open for Business 02:00 Deep Dish Diva Musical Act 02:15 Armchair Yoga and Stretches 04:00 Devotions 07:00 The Lawrence Welk Show</p>



Professionally managed by Senior Housing Management

202 35th Street Drive SE #123 Cedar Rapids, IA 52403 | 319-362-3630 | www.garnettplace.net



December 2018 Memory Care Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>07:30 Morning Reading Group</p> <p>08:00 Jolene Brackey Sunday Church</p> <p>09:00 St. Matthew's</p> <p>02:00 Chat and Snack</p> <p>03:15 New Covenant Worship</p> <p>03:15 Fun with Kelsie</p> <p>06:00 Snack and Chat</p> <p>06:00 Movie Night</p>	<p>30 New Year's Eve</p> <p>07:30 Morning Reading Group</p> <p>09:30 Manicures</p> <p>10:00 Card Club</p> <p>01:00 Relaxation and Meditation</p> <p>02:00 Bingo</p> <p>02:30 Scenic Drive</p> <p>06:00 Snack and Chat</p> <p>07:00 Busy Baskets</p>	<p>HAPPY BIRTHDAY</p> <p>HAPPY BIRTHDAY</p> <p>HAPPY BIRTHDAY</p>	<p>HAPPY BIRTHDAY</p> <p>HAPPY BIRTHDAY</p> <p>HAPPY BIRTHDAY</p>	<p>Happy Birthday</p> <p>12/3 - Cesaro C.</p> <p>12/17 - Bruce M.</p> <p>12/22 - Doris L.</p>	<p>Calendar is flexible, and all activities subject to Change.</p> <p>Transportation runs M, W-F from 8 am to 4 pm</p> <p>Questions: Contact Life Enrichment Coordinator, Kari Santos enrichlife@garnettplace.net or 319-533-0441</p>	<p>07:30 Morning Reading Group</p> <p>09:00 Sing A Long</p> <p>01:00 Relaxation and Reading</p> <p>02:00 Resident Choice</p> <p>03:15 Fun with Kelsie</p> <p>06:00 Games & Snacks</p> <p>06:00 Snack and Chat</p> <p>07:00 The Lawrence Welk Show</p>
<p>07:30 Morning Reading Group</p> <p>08:00 Jolene Brackey Sunday Church</p> <p>09:00 St. Matthew's</p> <p>09:00 Mandalas</p> <p>02:00 Chat and Snack</p> <p>03:15 New Covenant Worship</p> <p>03:15 Fun with Kelsie</p> <p>06:00 Snack and Chat</p> <p>06:00 Movie Night</p>	<p>2</p> <p>07:30 Morning Reading Group</p> <p>09:30 Manicures</p> <p>10:00 Card Club</p> <p>01:00 Relaxation and Meditation</p> <p>02:00 Bingo</p> <p>06:00 Snack and Chat</p> <p>07:00 Busy Baskets</p>	<p>3</p> <p>07:30 Morning Reading Group</p> <p>09:30 Music Therapy</p> <p>01:00 Sensory Relaxation</p> <p>03:00 Bowling</p> <p>06:00 Snack and Chat</p> <p>07:00 Listen to Music & Snacks</p>	<p>4</p> <p>07:30 Morning Reading Group</p> <p>10:00 Exercise</p> <p>11:30 Women's Luncheon</p> <p>01:00 Card Club</p> <p>01:00 Manicures</p> <p>01:30 Relaxation with Music</p> <p>02:00 Baking</p> <p>03:00 Pet Therapy with Oliver</p> <p>03:00 Game Night</p>	<p>5</p> <p>07:30 Morning Reading Group</p> <p>09:30 Beauty Spot</p> <p>01:30 Relaxation for the mind</p> <p>02:00 Exercise</p> <p>03:00 Birthday Party with Harold Gray</p> <p>03:00 Coloring</p> <p>06:00 Snack and Chat</p>	<p>6</p> <p>07:30 Morning Reading Group</p> <p>09:30 Music Therapy</p> <p>10:15 Indoor Walking Club</p> <p>01:30 Relaxation with Music</p> <p>06:00 Friday Night Movies & Treats</p> <p>06:00 Snack and Chat</p>	<p>7</p> <p>07:30 Morning Reading Group</p> <p>09:00 Sing A Long</p> <p>01:00 Relaxation and Reading</p> <p>03:00 Bingo</p> <p>03:15 Fun with Kelsie</p> <p>06:00 Games & Snacks</p> <p>06:00 Snack and Chat</p> <p>07:00 The Lawrence Welk Show</p>
<p>07:30 Morning Reading Group</p> <p>08:00 Jolene Brackey Sunday Church</p> <p>09:00 St. Matthew's</p> <p>02:00 Chat and Snack</p> <p>03:15 New Covenant Worship</p> <p>06:00 Snack and Chat</p> <p>06:00 Movie Night</p>	<p>9</p> <p>07:30 Morning Reading Group</p> <p>09:30 Manicures</p> <p>10:00 Card Club</p> <p>01:00 Relaxation and Meditation</p> <p>02:00 Bingo</p> <p>02:30 Scenic Drive</p> <p>06:00 Snack and Chat</p> <p>07:00 Busy Baskets</p>	<p>10</p> <p>07:30 Morning Reading Group</p> <p>09:30 Music Therapy</p> <p>01:00 Sensory Relaxation</p> <p>03:00 Bowling</p> <p>06:00 Snack and Chat</p> <p>07:00 Listen to Music & Snacks</p>	<p>11</p> <p>07:30 Morning Reading Group</p> <p>10:00 Exercise</p> <p>01:00 Card Club</p> <p>01:00 Manicures</p> <p>01:30 Massages</p> <p>01:30 Relaxation with Music</p> <p>02:00 Movie & Popcorn</p> <p>02:00 Baking</p> <p>03:00 Game Night</p>	<p>12</p> <p>07:30 Morning Reading Group</p> <p>09:30 Beauty Spot</p> <p>01:30 Relaxation for the mind</p> <p>02:00 Exercise</p> <p>03:00 Happy Hour with the Heartland Band</p> <p>03:00 Coloring</p> <p>06:00 Snack and Chat</p>	<p>13</p> <p>07:30 Morning Reading Group</p> <p>09:30 Music Therapy</p> <p>10:15 Indoor Walking Club</p> <p>01:00 Isaac Newton Second Graders Caroling</p> <p>01:30 Relaxation with Music</p> <p>02:00 Kitchen Band</p> <p>06:00 Friday Night Movies & Treats</p> <p>06:00 Snack and Chat</p>	<p>14</p> <p>07:30 Morning Reading Group</p> <p>09:00 Sing A Long</p> <p>01:00 Relaxation and Reading</p> <p>02:00 Resident Choice</p> <p>02:00 Cocoa and Carols</p> <p>06:00 Games & Snacks</p> <p>06:00 Snack and Chat</p> <p>07:00 The Lawrence Welk Show</p>
<p>07:30 Morning Reading Group</p> <p>08:00 Jolene Brackey Sunday Church</p> <p>09:00 St. Matthew's</p> <p>02:00 Chat and Snack</p> <p>03:15 New Covenant Worship</p> <p>03:15 Fun with Kelsie</p> <p>06:00 Snack and Chat</p> <p>06:00 Movie Night</p>	<p>16</p> <p>07:30 Morning Reading Group</p> <p>09:30 Manicures</p> <p>10:00 Card Club</p> <p>01:00 Relaxation and Meditation</p> <p>02:00 Bingo</p> <p>06:00 Snack and Chat</p> <p>07:00 Busy Baskets</p>	<p>17</p> <p>07:30 Morning Reading Group</p> <p>09:30 Music Therapy</p> <p>10:00 Ulowa Art Program</p> <p>01:00 Sensory Relaxation</p> <p>03:00 Bowling</p> <p>06:00 Snack and Chat</p> <p>07:00 Listen to Music & Snacks</p>	<p>18</p> <p>07:30 Morning Reading Group</p> <p>10:00 Exercise</p> <p>11:30 Men's Luncheon</p> <p>01:00 Card Club</p> <p>01:00 Manicures</p> <p>01:30 Relaxation with Music</p> <p>02:00 Baking</p> <p>03:00 Game Night</p> <p>06:00 Snack and Chat</p>	<p>19</p> <p>07:30 Morning Reading Group</p> <p>09:30 Beauty Spot</p> <p>01:30 Relaxation for the mind</p> <p>02:00 Exercise</p> <p>03:00 Happy Hour with Judy Melhert</p> <p>03:00 Coloring</p> <p>06:00 Snack and Chat</p>	<p>20 Winter Solstice</p> <p>07:30 Morning Reading Group</p> <p>09:30 Music Therapy</p> <p>10:15 Indoor Walking Club</p> <p>01:30 Relaxation with Music</p> <p>06:00 Friday Night Movies & Treats</p> <p>06:00 Snack and Chat</p>	<p>21 Garnett's Holiday Party</p> <p>07:30 Morning Reading Group</p> <p>09:00 Sing A Long</p> <p>01:00 Relaxation and Reading</p> <p>03:00 Bingo</p> <p>03:15 Fun with Kelsie</p> <p>06:00 Games & Snacks</p> <p>06:00 Snack and Chat</p> <p>07:00 The Lawrence Welk Show</p>
<p>07:30 Morning Reading Group</p> <p>08:00 Jolene Brackey Sunday Church</p> <p>09:00 St. Matthew's</p> <p>02:00 Chat and Snack</p> <p>03:15 New Covenant Worship</p> <p>03:15 Fun with Kelsie</p> <p>06:00 Snack and Chat</p> <p>06:00 Movie Night</p>	<p>23 Christmas Eve</p> <p>07:30 Morning Reading Group</p> <p>09:30 Manicures</p> <p>10:00 Card Club</p> <p>01:00 Relaxation and Meditation</p> <p>02:00 Bingo</p> <p>02:30 Scenic Drive</p> <p>06:00 Snack and Chat</p> <p>07:00 Busy Baskets</p>	<p>24 Christmas Day</p> <p>07:30 Morning Reading Group</p> <p>01:00 Sensory Relaxation</p> <p>03:00 Resident Council Meeting</p> <p>03:00 Bowling</p> <p>06:00 Snack and Chat</p> <p>07:00 Listen to Music & Snacks</p>	<p>25</p> <p>07:30 Morning Reading Group</p> <p>10:00 Exercise</p> <p>01:00 Card Club</p> <p>01:00 Manicures</p> <p>01:30 Relaxation with Music</p> <p>02:00 Baking</p> <p>03:00 Resident Meeting</p> <p>03:00 Game Night</p> <p>06:00 Snack and Chat</p>	<p>26</p> <p>07:30 Morning Reading Group</p> <p>09:30 Beauty Spot</p> <p>01:30 Relaxation for the mind</p> <p>02:00 Exercise</p> <p>03:00 Coloring</p> <p>06:00 Snack and Chat</p>	<p>27</p> <p>07:30 Morning Reading Group</p> <p>09:30 Music Therapy</p> <p>10:15 Indoor Walking Club</p> <p>01:30 Relaxation with Music</p> <p>02:00 Kitchen Band</p> <p>06:00 Friday Night Movies & Treats</p> <p>06:00 Snack and Chat</p>	<p>28</p> <p>07:30 Morning Reading Group</p> <p>09:00 Sing A Long</p> <p>01:00 Relaxation and Reading</p> <p>02:00 Resident Choice</p> <p>03:15 Fun with Kelsie</p> <p>06:00 Games & Snacks</p> <p>06:00 Snack and Chat</p> <p>07:00 The Lawrence Welk Show</p>
<p>07:30 Morning Reading Group</p> <p>08:00 Jolene Brackey Sunday Church</p> <p>09:00 St. Matthew's</p> <p>02:00 Chat and Snack</p> <p>03:15 New Covenant Worship</p> <p>03:15 Fun with Kelsie</p> <p>06:00 Snack and Chat</p> <p>06:00 Movie Night</p>	<p>29</p> <p>07:30 Morning Reading Group</p> <p>09:30 Manicures</p> <p>10:00 Card Club</p> <p>01:00 Relaxation and Meditation</p> <p>02:00 Bingo</p> <p>02:30 Scenic Drive</p> <p>06:00 Snack and Chat</p> <p>07:00 Busy Baskets</p>	<p>30</p> <p>07:30 Morning Reading Group</p> <p>09:30 Music Therapy</p> <p>01:00 Sensory Relaxation</p> <p>03:00 Bowling</p> <p>06:00 Snack and Chat</p> <p>07:00 Listen to Music & Snacks</p>	<p>31</p> <p>07:30 Morning Reading Group</p> <p>10:00 Exercise</p> <p>11:30 Women's Luncheon</p> <p>01:00 Card Club</p> <p>01:00 Manicures</p> <p>01:30 Relaxation with Music</p> <p>02:00 Baking</p> <p>03:00 Pet Therapy with Oliver</p> <p>03:00 Game Night</p>	<p>1</p> <p>07:30 Morning Reading Group</p> <p>09:30 Beauty Spot</p> <p>01:30 Relaxation for the mind</p> <p>02:00 Exercise</p> <p>03:00 Birthday Party with Harold Gray</p> <p>03:00 Coloring</p> <p>06:00 Snack and Chat</p>	<p>2</p> <p>07:30 Morning Reading Group</p> <p>09:30 Music Therapy</p> <p>10:15 Indoor Walking Club</p> <p>01:30 Relaxation with Music</p> <p>06:00 Friday Night Movies & Treats</p> <p>06:00 Snack and Chat</p>	<p>3</p> <p>07:30 Morning Reading Group</p> <p>09:00 Sing A Long</p> <p>01:00 Relaxation and Reading</p> <p>03:00 Bingo</p> <p>03:15 Fun with Kelsie</p> <p>06:00 Games & Snacks</p> <p>06:00 Snack and Chat</p> <p>07:00 The Lawrence Welk Show</p>



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