



Independent and Assisted Living July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*Calendar is subject to change*</p> <p>Contact Kari in Life Enrichment for questions. 319-533-0441</p>	<p>National Postal Workers Day 1</p> <p>9:15 Spiritual Reading 9:30 Devotions 10:15 Live 2B Healthy 1:30 Men's Club 2:30 Scenic Drive 3:00 Margarita Monday 6:00 Dingalings Practice</p>	<p>Podiatrist Visits 2</p> <p>9:15 Spiritual Reading 9:30 Devotions 10:00 Townhomes Resident Meeting 10:15 Create a thank you card for postman Joe 10:30 Walgreens 1:00 Ding-A-Lings Out to Evergreen Estates 1:30 Wii Bowling 3:00 St. Matthew's Church Mass with Father Steve</p>	<p>3</p> <p>8:30 Outing: Donutland 9:15 Spiritual Reading 9:30 Devotions 10:15 Live 2B Healthy 11:30 Ladies Luncheon 1:00 Manicures with Danae 3:00 Pet Therapy: Oliver Visits 3:15 Uno Club with Ginny</p>	<p>Independence Day! 4</p> <p>9:15 Spiritual Reading 9:30 Devotions 10:15 Card Club 12:30 Euchre Club 1:30 4th Of July Party 2:00 Ding-A-Lings Performance</p>	<p>5</p> <p>8:30 Trip to Fareway 9:15 Spiritual Reading 9:30 Devotions 10:15 Live 2B Healthy 12:00 Intermediate Music Therapy Group 12:00 Alzheimer's Education Series 2:00 Bingo 2:30 Store Trip 3:00 Country Cabinet - Open for Business</p>	<p>6</p> <p>10:00 Quilting with Elayne 12:15 Euchre Club 1:15 BINGO 2:00 Country Cabinet Open for Business 3:00 Birthday Party with Harold Gray 4:30 Devotions</p>
<p>7</p> <p>9:00 St Matthews 10:00 Women's World Cup Final Watch Party 12:15 Farkle Club 1:15 BINGO 2:00 Country Cabinet Open for Business 2:15 Armchair Yoga and Stretches 2:45 Snow Cones 3:15 New Covenant Worship 4:00 Puzzle Club</p>	<p>8</p> <p>9:15 Spiritual Reading 9:30 Devotions 10:15 Live 2B Healthy 1:30 Men's Club 2:30 Scenic Drive 3:00 Margarita Monday 6:00 Dingalings Practice</p>	<p>9</p> <p>9:15 Spiritual Reading 9:30 Devotions 10:00 Spa Day 10:30 Walgreens 1:00 Ding-A-Lings Out to Manor Care 2:00 Wii Bowling 3:00 Ice Cream Social</p>	<p>10</p> <p>8:30 Outing: Donutland 9:15 Spiritual Reading 9:30 Devotions 10:15 Live 2B Healthy 1:00 Manicures with Danae 2:00 Massage Therapist (Free) 2:00 Movie Series 3:15 Uno Club with Ginny</p>	<p>11</p> <p>9:15 Spiritual Reading 9:30 Devotions 10:15 Card Club 12:30 Euchre Club 3:00 Happy Hour with Shima 6:00 Dingalings Practice</p>	<p>12</p> <p>8:30 Trip to Hyvee 9:15 Spiritual Reading 9:30 Devotions 10:15 Live 2B Healthy 12:00 Intermediate Music Therapy Group 2:00 Bingo 2:30 Store Trip 3:00 Country Cabinet - Open for Business</p>	<p>13</p> <p>10:00 Garnett Place Open House 10:00 Quilting with Elayne 12:15 Card Club 1:15 BINGO 2:00 Country Cabinet Open for Business 4:00 Resident Led Devotions</p>
<p>14</p> <p>9:00 St Matthews 12:15 Phase 10 Card Club 1:15 BINGO 2:00 Country Cabinet Open for Business 3:15 New Covenant Worship</p>	<p>15</p> <p>9:15 Spiritual Reading 9:30 Devotions 10:15 Live 2B Healthy 1:30 Men's Club 2:00 Spelling Bee 2:30 Cedar Rapids Library 3:00 Margarita Monday 6:00 Dingalings Practice</p>	<p>16</p> <p>9:15 Spiritual Reading 9:30 Devotions 10:15 Sing-A-Long 10:30 Walgreens 2:00 Bistro Baking 3:00 Snack and Chat</p>	<p>17</p> <p>8:30 Outing: Donutland 9:15 Spiritual Reading 9:30 Devotions 10:15 Live 2B Healthy 11:30 Men's Luncheon 1:00 Manicures with Danae 3:15 Uno Club with Ginny</p>	<p>18</p> <p>9:15 Spiritual Reading 9:30 Devotions 10:15 Card Club 12:30 Euchre Club 3:00 Happy Hour with Judy Melhert 6:00 Dingalings Practice</p>	<p>19</p> <p>8:30 Trip to Fareway 9:15 Spiritual Reading 9:30 Devotions 10:15 Live 2B Healthy 12:00 Intermediate Music Therapy Group 2:00 Bingo 2:30 Store Trip 3:00 Country Cabinet - Open for Business</p>	<p>20</p> <p>10:00 Quilting with Elayne 12:30 Rummy Club 1:15 BINGO 2:00 Country Cabinet Open for Business 2:15 Movie Series 4:00 Devotions</p>
<p>National Ice Cream Day 21</p> <p>9:00 St Matthews 12:15 Euchre Club 1:15 BINGO 2:00 Country Cabinet Open for Business 2:15 Board Games 3:15 New Covenant Worship 4:00 Puzzle Club</p>	<p>22</p> <p>9:15 Spiritual Reading 9:30 Devotions 10:15 Live 2B Healthy 1:30 Men's Club 2:00 Making Homemade Ice Cream 2:30 Scenic Drive 3:00 Margarita Monday 6:00 Dingalings Practice</p>	<p>23</p> <p>9:15 Spiritual Reading 9:30 Devotions 10:00 Ulowa Art Program: Kindness Rocks 10:30 Walgreens 12:30 Ding-A-Lings out to Windmill Manor 2:00 Wii Bowling</p>	<p>24</p> <p>8:30 Outing: Donutland 9:15 Spiritual Reading 9:30 Devotions 10:15 Live 2B Healthy 1:00 Manicures with Danae 3:00 Documentary 3:15 Uno Club with Ginny</p>	<p>25</p> <p>9:15 Spiritual Reading 9:30 Devotions 10:15 Card Club 12:30 Wii Bowling 3:00 Happy Hour with Dave Wirtz 6:00 Dingalings Practice</p>	<p>26</p> <p>8:30 Trip to Hyvee 9:15 Spiritual Reading 9:30 Devotions 10:15 Live 2B Healthy 12:00 Intermediate Music Therapy Group 2:00 Bingo 2:30 Store Trip 3:00 Country Cabinet - Open for Business</p>	<p>Garnett Place Block Party 27</p> <p>10:00 Quilting with Elayne 11:00 Block Party 11:00 Ding-A-Lings Perform 12:30 Card Club 1:15 BINGO 2:00 Country Cabinet Open for Business 2:15 Armchair Yoga and Stretches 4:00 Devotions</p>
<p>28</p> <p>9:00 St Matthews 12:15 5 Crowns Card Club 1:15 BINGO 2:00 Country Cabinet Open for Business 2:15 Armchair Yoga and Stretches 3:15 New Covenant Worship 4:00 Meditative Coloring</p>	<p>29</p> <p>9:15 Spiritual Reading 9:30 Devotions 10:15 Outing: Kernels Baseball Game 10:15 Live 2B Healthy 11:00 Lunch at the Ball Park 6:00 Dingalings Practice</p>	<p>Friendship Day 30</p> <p>9:15 Spiritual Reading 9:30 Devotions 10:00 Outing: Riverside Casino 2:00 Wii Bowling 2:30 Walgreens 3:00 Resident Council Meeting</p>	<p>31</p> <p>8:30 Outing: Donutland 9:15 Spiritual Reading 9:30 Devotions 10:15 Live 2B Healthy 1:00 Manicures with Danae 3:00 Resident Meeting - Everyone 3:15 Uno Club with Ginny</p>	<p>HAPPY BIRTHDAY</p> <p>HAPPY BIRTHDAY</p> <p>HAPPY BIRTHDAY</p>	<p>Happy Birthday: 7/4 - Gordon A. 7/6 - Joseph C. 7/10 - Arnold S. 7/13 - Bernadean S. 7/14 - Larry C. 7/18 - Velda M. 7/23 - Majorie M. 7/24 - Mary D. 7/31 - Lois K.</p>	<p>Store Trips: 7/5 - Walmart 7/12 - Dollar Tree 7/19 - Target 7/26 - Michael's</p>



202 35th Street Drive SE #123 Cedar Rapids, IA 52403 | 319-362-3630 | www.garnettplace.net

Professionally managed by Senior Housing Management



Memory Care July

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<p>7:30 Morning Reading Group 8:00 Jolene Brackey Sunday Church 9:00 St. Matthew's 2:00 Chat and Snack 3:15 New Covenant Worship 3:30 Household Chores 4:30 Fun with Kelsie 5:00 Music Hour</p>	<p>7</p> <p>7:30 Morning Reading Group 9:30 Manicures 10:00 Games 1:30 Relaxation and Meditation 2:00 Card Club 2:30 Scenic Drive 3:30 Household Chores 5:00 Music Hour 7:00 Busy Baskets</p>	<p>8</p> <p>7:30 Morning Reading Group 9:30 Music Therapy 10:30 Exercise Class 1:00 Sensory Relaxation 2:00 Bingo 3:00 Card Club 3:30 Household Chores 5:00 National Parks Tour</p>	<p>9</p> <p>7:30 Morning Reading Group 10:30 Exercise 1:00 Manicures with Danae 1:30 Massages 1:30 Relaxation with Music 2:00 Movie & Popcorn 2:00 Summer Sensations 3:00 Social Club 3:30 Household Chores</p>	<p>10</p> <p>7:30 Morning Reading Group 9:30 Beauty Spot 10:00 Games 1:30 Relaxation for the mind 2:00 Balloon Volleyball 3:00 Happy Hour with the Heartland Band 3:30 Household Chores 5:00 Picture Look</p>	<p>11</p> <p>7:30 Morning Reading Group 9:00 Exercise 9:30 Music Therapy 10:15 Indoor Walking Club 1:30 Relaxation with Music 2:00 Kitchen Band 2:00 Sing-A-Long 3:00 Scentsory Smells 3:30 Household Chores</p>	<p>12</p> <p>7:30 Morning Reading Group 1:00 Relaxation and Reading 2:00 Resident Choice 3:30 Household Chores 4:30 Fun with Kelsie 5:00 Saturday Movie Night 7:00 The Lawrence Welk Show</p>
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